LARC TWO METER NET AND TRADERS NET PREAMBLE

Is there anybody that needs to use the repeater before we start the net? (your call sign). If no reply, start the net. If there is a reply, proceed as needed.
CQ all stations, this is the K4LKL repeater, located in Lakeland, Florida, sponsored by the Lakeland Amateur Radio Club and we now call The LARC Two Meter Net and Traders Net to order. This is (call sign) and my name is (name). The net meets every Thursday at 7:30 PM local time. It is combined with the Trades Net, so all stations if you have anything to buy, sell, or want, please check it in as you check in. Every licensed ham in hearing distance of the Lakeland Repeater is welcome to check in. After check-ins are completed, I will ask for informals from each check-in.
Information about the Lakeland Amateur Radio Club can be found on-line at our web site. The URL is www dot Lakeland ARC dot ORG Be sure to visit the site for updates, information and local events.
Let's take check-ins as follows:
(Acknowledge each check-in the way you want, i.e. individual, group etc.)
 Any station with formal traffic, bulletins, or general announcements, please check in now. Any Mobiles. Any short timers.
4. I will now take further check-ins as follows: Base Stations Alpha through Foxtrot Base Stations Gulf Through Lima Base Stations Mike through Tango Base Stations Uniform through Zulu
5. Lets go back to the stations with formal traffic or bulletins and general announcements. (call those stations one at a time.)
6. After traffic is done, and questions have been answered, ask for check-ins Alpha through Zulu before proceeding to informals from each check-in. Remember to say: "This is the Lakeland Amateur Radio Club Two Meter Net and Traders Net" at 15 minute intervals, and ask for checkins.
7. After informals are done, ask "are there any late check-ins?" Please check in now.
8. Does anyone have anything to offer or obtain before we close the net? (Acknowledge these stations as needed.) I will now close the net. My records show that we had (give total) check-ins.
Remember to visit our club web site at www dot Lakeland ARC dot ORG.
I want to thank all stations for participating and now return the repeater back to general amateur use. This is (call sign) Out.